

New Mexico Diabetes Advisory Council

Quarterly Meeting Sandia Resort & Casino 30 Rainbow Road NE Albuquerque, NM December 4, 2009

Meeting Notes

1. Welcome and Announcements

Rosemary Anslow, Chair, NMDAC

- The meeting was called to order at 9:05 a.m. by Rosemary Anslow.
- Kathy Garcia announced that February 9 is Diabetes Day at the Round House. So far 19 organizations have reserved tables. The theme is "Prevention." Set up is at 7:30 a.m. and the event lasts until 3 p.m.
- Patricia Heinzman is the new diabetes coordinator at Presbyterian. She announced that CDEs who would like to work as a contractor can contact her.
- Rosemary reminded everyone to please hand in evaluations at the end of the meeting. The Navajo Special Diabetes Program donated door prizes.
- Rosemary announced that NMDAC is one of three non-profit diabetes advisory councils in the United States. Each meeting costs \$9,000. NMDAC appreciates donations. Only checks are accepted.
- Rosemary announced that the next meeting is February 26, 2010 instead of the first Friday in March. There is a change in the time of meeting. The meeting will be from 10 a.m. to 2 p.m. Breakfast will not be served. Lunch today will be wraps. We would like comments on the change in lunch.
- Two New Mexico legislators were present and introduced: Gerald Ortiz y Pino and Jimmie Hall.
- Patricia Heinzman moved that the notes of the meeting of September 11, 2009 be accepted. Bernie Toya seconded the motion. Motion passed.
- Rosemary asked each of the vendors which of their educational resources they wished to feature. Sanofi Aventis has a dry erase board for individual counseling. Merck has a small conversation map flip chart for use in individual counseling. Novo Nordisk has an "All in One Book of Educational Resources" with instructions on how to order the materials on-line. BD has a "Syringe injection profile" tear off pad. Abbott has tools to reduce the cost of diabetes. NMTOD has the compendium of Resources for Health Care Professionals. Project ECHO will be starting training for community health workers and promotoras in January 2010.

2. Diabetes Prevention and Control Program Update and Overview

Judith Gabriele, Program Manager, DPCP

- DPCP gave back \$30,000 from their budget. This was for new projects, so no current contracts were affected. DPCP staff will have five unpaid furlough days.
- DPCP staff is working on the CDC application; this is an integrated application with DOH programs. There will be flat funding.

- The Tobacco and Diabetes power point presentation will be available for use in the community.
- Diabetes and Smoking on-line continuing education will be available in January 2010.
- DPCP has a meter and strip program for uninsured people with diabetes. Meters and strips are available at federally funded clinics. \$224,000 is budgeted for the program. Starting in FY 2010 it will be required for clinics to track distribution and usage. Special one-time funding was given to some ADA and AADE approved clinics.

3. DPCP Strategic Plan

Shanti Shanti Khalsa, Health Educator Supervisor, DPCP

- The 2010 Strategic Plan is expiring. DPCP is starting to plan for updating the strategic plan. DPCP is looking at social determinates of health in revising the plan. DPCP has been interviewing other state to get ideas. Other states are using health data. DPCP is looking at different models that are being used. The strategic plan will be an integrated plan with other departments in DOH.

4. The Cost of Diabetes in New Mexico

Corazon Halasan, Epidemiologist, DPCP

- The total cost of diagnosed diabetes in 2007 dollars is \$174 billion. This includes \$116 billion in excess medical costs and \$58 in reduced national productivity costs.
- Within \$27 billion Medical costs due to diabetes 50 percent is hospital inpatient care, 12 percent is for medication and supplies, 11 percent is for retail prescriptions for complications treatment, and 9 percent is for physician office visits.
- It is estimated that New Mexico has 116,000 persons diagnosed with diabetes. The average medical cost per year is \$1.36 billion. The average cost attributed to people diagnosed with diabetes is \$722 million.

5. Financial Assistance Programs at University Hospital

Ivette Cuzmar, LNSW, Patient Systems Specialist, Office of Community Affairs, UNM Hospital

- UNM Hospital has financial assistance, a discount program and payment plans.
 - UNM Care is for patients 235 percent of the Federal Poverty Line (FPL), total assets \$4,000. It has small co-pays.
 - Discount programs available are 45 percent of facility charges, 40 percent for cancer care, and 45 percent for professional services.
 - Limited Financial is for emergency services for communicable disease. It has income guidelines.
 - Out of county indigent plan
 - Payment plans - monthly payments without interest
 - MOSAA - Medicaid for women and children
 - EMSA - emergency services for non-residents and non-citizens
 - 1011 - emergency services for non-residents and non-citizens
6. Rosemary introduced Donna Tompky, MSN,RN,C-ANP,CDE. Donna is president-elect of the American Association of Diabetes Educators.

7. Can't Afford Medications? The New Mexico Prescription Drug Assistance Program and MEDBANK

Harold Melnick, Prescription Drug Assistance Coordinator, New Mexico Aging and Long-Term Services Coordinator

- There are hundreds of companies that have assistance programs for prescription drugs and each one is different.
 - MEDBANK started in Maryland. New Mexico is the first state outside of Maryland to use MEDBANK.
 - MEDBANK is Internet-based. It automates forms. It is HIPAA compliant.
 - It contains current forms and formularies.
 - The patient provides information. The counselor enters data in the computer program.
 - The number for the Aging and Long Term Services Department is 800-432-2080
8. Linda Reinecke from ZADE announced that everyone should go to the AADE Web site and click on CDE Provision: contact your U.S. Senator today. Tell your senator that CDEs should be included as providers in health care reform.

9. CEU Session: The Soaring Cost of Diabetes

John A. Seibel, MD, Medical Director, NMMRA

- There is a 170 percent increase in diabetes in developing countries. It is increasing in every year in every country.
- There is an increase in overweight and obesity in children ages 5 to 17 years of age.
- The prevalence of diabetes is 10.2 percent in the U.S.
- In New Mexico, the prevalence of diabetes was 7.4 percent in 2006. 111,300 know that they have diabetes; 39,000 are undiagnosed.
- 11.6 percent of the health care dollar is spent on diabetes.
- The direct cost and indirect cost of diabetes in New Mexico was \$1.2 billion in 2007.
- The cost of diabetes in the U.S. is \$198 billion; the direct cost is \$132 billion and the indirect cost is \$66 billion.
- World wide there are 3.8 million deaths due to diabetes. 23 million years of life are lost due to diabetes. There is a death every 6 seconds in the world due to diabetes.
- From 1999 to 2002, 54 million people were diagnosed with pre-diabetes.
- Pre-diabetes should be treated. Treatment can keep over 50 percent from progressing to diabetes.